

Have Fun and Master your life

Come join a group of like minded people (in Bellbowrie)
where you **have Fun** and learn to master:

- *Set goals and actually achieve them!!*
- *Learn techniques for stress relief*
- *Create a positive mindset*
- *Develop life skills for Success and Happiness*
- *Create meaningful, lasting relationships with family... friends... colleagues... clients*

FUN, INSPIRING, MOTIVATING

Each week there will be:

- **A different Personal Development topic**
- **Weekly Goal Setting**
- **Fun and Practical exercises**

Life Mastery Classes held each Sunday from **2pm to 4pm**

Next class will be held on **Sunday 19 February 2012**

Find out how you can begin to Master and Love your Life

\$10/pp per class

Call **Marie-Louise** on **0414 525 075** or **3202 6097**

Aspire to Life