

# *Have Fun and Master your life*



Come join a group of like minded people (in Bellbowrie)  
where you **have Fun** and learn to master:

- *Set goals and actually achieve them!!*
- *Learn techniques for stress relief*
- *Create a positive mindset*
- *Develop life skills for Success and Happiness*
- *Create meaningful, lasting relationships with family... friends... colleagues... clients*

## **FUN, INSPIRING, MOTIVATING**

Each week there will be:

- **A different Personal Development topic**
- **Weekly Goal Setting**
- **Fun and Practical exercises**

Next class will be held on **Sunday 19 February 2012, 2-4pm**

Find out how you can begin to Master and Love your Life

\$10/pp per class

call **Marie-Louise** on 0414 525 075 or 3202 6097

## *Aspire to Life*